

June 2017 HIGH SCHOOL GRAB N GO MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Krave Pouch Uber Bar Cheese Stick Juice Milk	Choice of Ban or CC Bars or Yogurt pouch W/Graham Cracker Cheese Stick Juice Milk
5	6	7	8	9
Maple Granola Bars Fudge Pop tart Cheese Stick Juice Milk	Choice of Donuts or Choice of Muffins Cheese Stick Juice Milk	Bagel W/Smoothie or Choice of Staw/Cinn Bagel Juice Milk	Choice or Nutri-Grain Bar or Uber Bar Cheese Stick Juice Milk	Choice of Ban or CC Bars or Yogurt pouch W/Graham Cracker Cheese Stick Juice Milk
12	13			
Golden Graham Bar Cinnamon Pop tart Cheese Stick Juice Milk	Choice of Donuts or Choice of Muffins Cheese Stick Juice Milk			

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Bendle High School Head Cook - Traci Wilkinson 591-2160

Food Service Director - Dawn Pully 591-2148

All Bendle Students receive free Breakfast

SERVED DAILY
2-3 Oz. Protein
4 Oz. Vegetable
3 Oz. Fruit
1-2 Oz. Bread
.5 Pint Milk

All Bendle Students receive free Lunch

CHOICE OF MILK DAILY
Fat Free Milk (Chocolate & Strawberry)
Skim Milk (White)
.40 if purchased separately

"In accordance with Federal law and U.S. Department of Agriculture (USDA) policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer."

EAT BREAKFAST AT SCHOOL! Breakfast is served at school! School breakfast will give your child a healthy start to the day. Breakfast is served everyday in the cafeteria.

Parents; You can send in extra money to add to your student's account. All money sent into your students school will stay on your students account until they use it. Extra money sent in may be used for an extra entrée and or on a la carte items.

