

Bendle High School Lunch



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Food Service Director

Kitchen Manager
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LUNCH Menu 2018-19 School Year

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Sub Sandwich Chicken Wings Choice of Pizza Far East Veggies Pears Milk	Taco's w Meat & Cheese Bratz w Coney Sauce Choice of Pizza Peas Apricots Milk	Orange Chicken w Brown Rice Baked Potato Bar w Breadstick Choice of Pizza Corn Pineapple Milk	Lasagna Roll Ups Chicken Sandwich Choice of Pizza Green Beans Mandarin Oranges Milk	Open Faced Pork Chop Sandwich Chicken Fries Choice of Pizza Mashed Potatoes Peaches Milk
2	Chicken Breast Sandwich Pepperoni Calzone Choice of Pizza Sweet Potato Fries Peaches Milk	Nacho's w Meat & Cheese Swiss & Bacon burger Choice of Pizza Refried Beans Pears Milk	New Orleans Chicken w Brown Rice Baked Potato Bar w Breadstick Choice of Pizza Pineapple Broccoli w Cheese Milk	Meatball Sub w Mozzarella Cheese Spicy Chicken Sandwich Choice of Pizza Green Beans Mixed Fruit Milk	Tiger Bowl Taco Snacks Choice of Pizza Mashed Potatoes Corn Pears Milk
3	Chicken Strips Bosco's Choice of Pizza Key West Veggies Mixed Fruit Milk	Mac & Cheese w Breadstick Cheeseburger Choice of Pizza Potato Salad Mandarin Oranges Milk	Japanese Cherry Chicken w Brown Rice Baked Potato Bar w Breadstick Choice of Pizza Broccoli & Cheese Pineapple Milk	Pulled Pork Sandwich Siracha Chicken Bites Choice of Pizza Southern Style Green Beans Applesauce Milk	Shrimp Basket Pasta Bar w Choice of Sauce Choice of Pizza Roll Onion Rings Peaches Milk
4	Crispitos Pepperoni Calzone Choice of Pizza Sweet Potato Cubes Pear Milk	Chicken Fajitas Rib a Que Sub Choice of Pizza California Blend Applesauce Milk	Thai Chicken w Brown Rice Baked Potato Bar w Roll Choice of Pizza Cauliflower w Cheese Sauce Pineapple Milk	Waffles & Bacon Spicy Chicken Sandwich Choice of Pizza Hash brown Patty Strawberries Milk	Chicken Pot Pie w Bread Bowl Spicy Guajillo Tenders Choice of Pizza Corn Berry Sidekick Milk
5	Ravioli w Breadstick 3 Cheese Calzone Choice of Pizza Peas & Carrots Mandarin Oranges Milk	Hot Dog Bacon Burger Choice of Pizza Baked Beans Pears Milk	Teriyaki Chicken w Brown Rice Baked Potato Bar w Breadstick Choice of Pizza Fiesta Corn Pineapple Milk	Biscuits & Gravy w Sausage Patty **Mystery Lunch** Choice of Pizza Potato Coins Banana Milk	Fish Sandwich w Cheese Taco Stix Choice of Pizza Green Beans Strawberry Sidekick Milk
6	Mac & Cheese w Cornbread Chicken Wrap Choice of Pizza California Blend Veggies Mandarin Oranges Milk	Walking Taco Stromboli Choice of Pizza Refried Beans Cole Slaw Grapes Milk	Chicken Alfredo w Breadstick Hotdog w Coney Sauce Choice of Pizza Fiesta Corn Pineapple Milk	Philly Sub Spicy Chicken Sandwich Choice of Pizza Veggie Stir Fry Pears Milk	Cheeseburger Meatloaf Sandwich Spicy Chicken Drumstick w Roll Choice of Pizza French Fries Fruit Salad Milk

MENU SUBJECT TO CHANGE

MEALS ARE FREE FOR EVERYONE

Half Days:
9/4,12/12,1/17,
6/10,6/11

Half Day Lunch
PB&J Sandwich
Carrots w Ranch
Apple Slices
Cheese Stick
Milk

Homecoming Lunch 10-6
Bendle Burger
Devil Dog
Chips & Milk
Baked Beans
Watermelon,
Cookie

Thanksgiving Dinner 11-15
Turkey, Mashed Potatoes, Corn, Gravy, Stuffing, Yams, Cranberries, Roll, Dessert and Milk

Christmas Dinner 12-18
Ham, Mashed Potatoes, Corn, Gravy, Stuffing, Yams, Roll, Cranberries, Desserts & Milk

Easter Dinner 3-29
Chicken
Drumstick, Mashed Potatoes, Corn, Gravy, Stuffing, Yams, Roll, Cranberries, Desserts & Milk

Fruit and Salad Bar Served Daily

Low-Fat White Milk
And Fat Free Chocolate Milk
Available Daily

September 2018							October 2018							November 2018							December 2018							January 2019						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
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9	10	11	12	13	14	15	7	8	9	10	11	12	13	4	5	6	7	8	9	10	2	3	4	5	6	7	8	6	7	8	9	10	11	12
16	17	18	19	20	21	22	14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15	13	14	15	16	17	18	19
23	24	25	26	27	28	29	21	22	23	24	25	26	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22	20	21	22	23	24	25	26
30							28	29	30	31				25	26	27	28	29	30	23	24	25	26	27	28	29	27	28	29	30	31			

WEEK 1 WEEK 2 WEEK 3 WEEK 4 WEEK 5 WEEK 6

February 2019							March 2019							April 2019							May 2019							June 2019						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
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24	25	26	27	28			24	25	26	27	28	29	30	28	29	30					26	27	28	29	30	31		24	25	26	27	28	29	30

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