

Bendle Middle School Breakfast



Dawn Pully 810-591-2148
Food Service Director

Kitchen Manager
Sheila Crumb
810-591-2871

BREAKFAST Menu 2018-19 School Year

| WEEK | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------|--|--|--|--|---|
| 1 | Cinnamon Pop tart Graham Cracker Juice Fruit Snacks Milk | Breakfast Slider Applesauce Pouch Mixed Juice Milk | Coco Puffs Cereal Graham Cracker Grapes Juice Milk | Apple Cinnamon Bar Apple Slices Straw/Kiwi Juice Milk | Banana Bread Banana Apple Juice Milk |
| 2 | Choc Chip Muffin Craisins Fruit Punch Milk | Cinni Mini Applesauce Pouch Mixed Juice Milk | Cinn Tst Crunch Cer Graham Cracker Grapes Juice Milk | Powdered Donut Apple Slices Straw/Kiwi Juice Milk | Grape PB&J Go-Gurt Banana Apple Juice Milk |
| 3 | Strawberry Pop tart Fruit Snacks Fruit Punch Milk | Apple Cinn Fr Tst. Applesauce Pouch Mixed Juice Milk | Frosted Flakes Graham Cracker Grapes Juice Milk | S'berry Bagelful Apple Slices Straw/Kiwi Juice Milk | Wild Berry Bread Banana Apple Juice Milk |
| 4 | Apple Cinn Muffin Craisins Fruit Punch Milk | Maple Pancake Applesauce Pouch Mixed Juice Milk | Lucky Charms Graham Cracker Grapes Juice Milk | Chocolate Donut Apple Slices Straw/Kiwi Juice Milk | Strawberry PB&J Go-Gurt Banana Apple Juice Milk |
| 5 | Fudge Pop tart Fruit Snacks Fruit Punch Milk | Blueberry Waffle Applesauce Pouch Mixed Juice Milk | Cheerios Honey Grahams Grapes Juice Milk | Banana Choc Chunk Bar Apple Slices Straw/Kiwi Juice Milk | Chocolate Bread Banana Apple Juice Milk |
| 6 | Choc Choc Muffin Craisins Fruit Punch Milk | Pancake on a Stick Applesauce Pouch Mixed Juice Milk | Froot Loops Graham Cracker Grapes Juice Milk | Cinnamon Bagelful Apple Slices Straw Kiwi Juice Milk | PB Gramwich Go Gurt Banana Apple Juice Milk |

MENU SUBJECT TO CHANGE

MEALS ARE FREE FOR EVERYONE

- Half Days:**
9/4, 11/2,
12/12, 3/22, 6/10,
6/11
- Half Day Lunch**
PB&J Sandwich
Carrots w Ranch
Apple Slices
Cheese Stick
Milk
- Homecoming Lunch 9-28**
Bendle Burger
Devil Dog
Chips & Cookie
Baked Beans
Watermelon & Milk
- Thanksgiving Dinner 11-15**
Turkey, Mashed
Potatoes, Corn,
Gravy, Stuffing,
Yams, Cranberries,
Roll, Dessert and
Milk
- Christmas Dinner 12-18**
Ham, Mashed
Potatoes,
Corn, Gravy,
Stuffing, Yams,
Roll, Cranberries,
Desserts & Milk
- Easter Dinner 4-18**
Chicken
Drumstick, Mashed
Potatoes,
Corn, Gravy,
Stuffing, Yams,
Roll, Cranberries,
Desserts & Milk
- Fruit and Salad Bar Served Daily**
- Low-Fat White Milk**
And Fat Free Chocolate Milk
Available Daily

| September 2018 | | | | | | | October 2018 | | | | | | | November 2018 | | | | | | | December 2018 | | | | | | | January 2019 | | | | | | |
|----------------|----|----|----|----|----|----|--------------|----|----|----|----|----|----|---------------|----|----|----|----|----|----|---------------|----|----|----|----|----|----|--------------|----|----|----|----|----|----|
| S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S |
| | | 4 | 5 | 6 | 7 | 8 | 1 | 2 | 3 | 4 | 5 | 6 | | | | 1 | 2 | 3 | | | | | | | 1 | | | 1 | 2 | 3 | 4 | 5 | | |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 30 | | | | | | | 28 | 29 | 30 | 31 | | | | 25 | 26 | 27 | 28 | 29 | 30 | | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 27 | 28 | 29 | 30 | 31 | | |

WEEK 1 WEEK 2 WEEK 3 WEEK 4 WEEK 5 WEEK 6

| February 2019 | | | | | | | March 2019 | | | | | | | April 2019 | | | | | | | May 2019 | | | | | | | June 2019 | | | | | | | | | | | |
|---------------|----|----|----|----|----|----|------------|----|----|----|----|----|----|------------|----|----|----|----|----|----|----------|----|----|----|----|----|----|-----------|----|----|---|---|---|---|--|--|--|--|---|
| S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | | | | | |
| | | | | | 1 | 2 | | | | | | 1 | 2 | | | | | | | 1 | 2 | 3 | 4 | 5 | 6 | | | | | | | 1 | | | | | | | 1 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | | | | | |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 9 | 10 | 11 | | | | | | | | | |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | | | | | | | | | | | | |
| 24 | 25 | 26 | 27 | 28 | | | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 28 | 29 | 30 | | | | | 26 | 27 | 28 | 29 | 30 | 31 | | | | | | | | | | | | | |

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