

Bendle Middle School Lunch



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Food Service Director

Kitchen Manager
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LUNCH Menu 2018-19 School Year

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Lasagna Roll Up w Garlic Bread Grilled Cheese Choice of Pizza Far East Veggies Peas Milk	Fiesta Pizza Siracha Chicken Bites Choice of Pizza Peas Apricots Milk	Orange Chicken w Brown Rice Baked Potato Bar w Breadstick Choice of Pizza Corn Pineapple Milk	Bosco's w Sauce Chicken Sandwich Choice of Pizza Green Beans Mandarin Oranges Milk	Popcorn Chicken Taco Snacks Choice of Pizza Mashed Potatoes Corn Peaches Milk
2	Mozzarella Sticks w Sauce Pepperoni Calzone Choice of Pizza Sweet Potato Fries Peaches Milk	Nacho's w Meat & Cheese Bratz w Coney Sauce Choice of Pizza Refried Beans Fresh Fruit Milk	Japanese Cherry Chicken Baked Potato Bar w Bread Stick Choice of Pizza Brown Rice Pineapple Milk	Wings of Fire **Mystery Lunch** Choice of Pizza Tater Tots Banana Milk	Fish Sandwich Chicken Drumstick Choice of Pizza Carrots & Peas Milk
3	Philly Cheesesteak Chicken Strips Choice of Pizza Key West Veggies Mixed Fruit Milk	Mini Corn Dogs w Mac & Cheese Cheeseburger Choice of Pizza Potato Salad Mandarin Oranges Milk	Walking Taco Quesadilla Choice of Pizza Refried Beans Peaches Milk	Spicy Guajillo Tenders Pancakes w Bacon Choice of Pizza Crispy Cubes Strawberries Milk	Taco Snacks Stuffed Shells Choice of Pizza Green Beans w Bacon DragonFruit Slush Cran-nut Cookie Milk
4	Crispitos Pepperoni Calzone Choice of Pizza Sweet Potato Cubes Pear Milk	Chicken Fajitas Rib a Que Sub Choice of Pizza Scandinavian Veggies Applesauce Milk	Nacho's w Meat & Cheese Spicy Chicken Sandwich Choice of Pizza Refried Beans Pineapple Milk	French Toast w Sausage Pepperoni Boscoss Choice of Pizza Hash brown Patty Blueberries Milk	Chicken Pot Pie w Bread Bowl Chicken Strips Choice of Pizza Corn Blueberry Slush Double Choc Bar Milk
5	Ravioli w Breadstick 3 Cheese Calzone Choice of Pizza Peas & Carrots Applesauce Milk	Tiger Bowl Taco Stix Choice of Pizza Mashed Potatoes Corn Kiwi Milk	Walking Taco Quesadilla Choice of Pizza Refried Beans Fruit Salad Milk	Biscuits & Gravy w Sausage Patty Pancakes **Mystery Lunch** Choice of Pizza Potato Coins Banana Milk	Popcorn Fish Chicken Nuggets Choice of Pizza Hash Brown Pears Milk
6	Mac & Cheese w Cornbread Pepperoni Bosco Choice of Pizza California Blend Veggies Mandarin Oranges Milk	Chicken Alfredo w Roll BBQ Pork Sandwich Choice of Pizza Refried Beans Cole Slaw Grapes Milk	Teriyaki Chicken Hotdog w Coney Sauce Choice of Pizza Fiesta Corn Brown Rice Pineapple Milk	Scrambled Eggs w Bacon & Toast Honey Siracha Bites Choice of Pizza Hash brown Grapes Milk	Pasta Bar Chicken Nuggets Choice of Pizza French Fries Dragonfruit Slush Oatmeal Raisin Cookie Milk

Half Days:
9/4,11/2,12/12,
3/22,6/10,6/11

Half Day Lunch
PB&J Sandwich
Carrots w Ranch
Apple Slices
Cheese Stick
Milk

Homecoming Lunch 10-6
Bendle Burger
Devil Dog
Chips & Milk
Baked Beans
Watermelon

Thanksgiving Dinner 11-15
Turkey, Mashed Potatoes, Corn, Gravy, Stuffing, Yams, Cranberries, Roll, Dessert and Milk

Christmas Dinner 12-18
Chicken Drumstick, Mashed Potatoes, Corn, Gravy, Stuffing, Yams, Roll, Cranberries, Desserts & Milk

Easter Dinner 3-29
Ham, Mashed Potatoes, Corn, Gravy, Stuffing, Yams, Roll, Cranberries, Desserts & Milk

Fruit and Salad Bar Served Daily

Low-Fat White Milk And Fat Free Chocolate Milk Available Daily

MENU SUBJECT TO CHANGE

MEALS ARE FREE FOR EVERYONE

September 2018							October 2018							November 2018							December 2018							January 2019						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
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16	17	18	19	20	21	22	14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15	13	14	15	16	17	18	19
23	24	25	26	27	28	29	21	22	23	24	25	26	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22	20	21	22	23	24	25	26
30							28	29	30	31				25	26	27	28	29	30		23	24	25	26	27	28	29	27	28	29	30	31		
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WEEK 1 WEEK 2 WEEK 3 WEEK 4 WEEK 5 WEEK 6

February 2019							March 2019							April 2019							May 2019							June 2019												
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S						
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